

Table 1

COURSE LEVEL	DAY	STARTING	TIME	NO	PRICE	FINAL CLASS	TEACHER	ROOM	NOTES	OUR NOTES
PILATES Advanced Mat	MON	5/8/24	09.30-10.25	5	£45.00	9/9/24	Pip Deave	Zoom	<i>Bank Holiday 26th August</i>	
PILATES Beginner Reform	MON	5/8/24	10:00-10:50	5	£85.00	9/9/24	Veronica Yeates	Reformer Studio	<i>Bank Holiday 26th August</i>	
PILATES Gentle Mat	MON	5/8/24	10.45-11.40	5	£45.00	9/9/24	Pip Deave	In Studio	<i>Bank Holiday 26th August</i>	
PILATES Reformer Int	MON	5/8/24	11.00-11.50	5	£85.00	9/9/24	Veronica Yeates	Reformer Studio	<i>Bank Holiday 26th August</i>	
PILATES Int Mat	MON	5/8/24	12.00-12.55	5	£45.00	9/9/24	Veronica Yeates	Reformer Studio	<i>Bank Holiday 26th August</i>	
SMFR / YIN YOGA	MON	5/8/24	17.50-18.45	5	£45.00	9/9/24	Veronica Yeates	In Studio	<i>Bank Holiday 26th August</i>	
PILATES Int Mat	MON	5/8/24	19.00-19.55	5	£45.00	9/9/24	Veronica Yeates	In Studio	<i>Bank Holiday 26th August</i>	
PILATES Reformer Int	TUES	6/8/24	09.30-10.20	6	£102.00	10/9/24	Pip Deave	Reformer Studio		
YOGA - Vinyasa	TUES	6/8/24	09.30 - 10.25	6	£54.00	10/9/24	Veronica Yeates	In Studio		
PILATES Reformer Int	TUES	6/8/24	10.30-11.20	6	£102.00	10/9/24	Veronica Yeates	Reformer Studio		
PILATES Int Mat	TUES	6/8/24	11.45 - 12.40	6	£54.00	10/9/24	Amanda Smith	In Studio		
Healthy HIIT	TUES	6/8/24	17.30-18.00	6	£36.00	10/9/24	Veronica Yeates	In Studio		
PILATES Reformer Int	TUES	6/8/24	17.30-18.20	6	£102.00	10/9/24	Pip Deave / Janine David	Reformer Studio		
PILATES Advanced Mat	TUES	6/8/24	18.10 - 19.05	6	£54.00	10/9/24	Veronica Yeates	In Studio		
PILATES Reformer Int	TUES	6/8/24	18.30-19.20	6	£102.00	10/9/24	Pip Deave / Janine David	Reformer Studio		
PILATES Int Mat	TUES	6/8/24	19.30 - 20.25	6	£54.00	10/9/24	Amanda Smith	In Studio		
PILATES Int Mat	WED	7/8/24	09.30-10.25	6	£54.00	11/9/24	Veronica Yeates	In Studio		
PILATES Mat & SMFR	WED	7/8/24	10.35-11.30	6	£54.00	11/9/24	Veronica Yeates	In Studio		
PILATES Beginners Mat	WED	7/8/24	11.45-12.40	6	£54.00	11/9/24	Amanda Smith	In Studio		
PILATES Jumpboard Ref	WED	7/8/24	11.45 - 12.15	6	£54.00	11/9/24	Veronica Yeates	Reformer Studio		
PILATES Int Mat	WED	7/8/24	17.10-18.05	6	£54.00	11/9/24	Pip Deave	Zoom		
PILATES Int Mat	WED	7/8/24	18.00-18.55	6	£54.00	11/9/24	Amanda Smith	In Studio		
PILATES Reformer Int	WED	7/8/24	18.15-19.05	6	£102.00	11/9/24	Pip Deave	Reformer Studio		
PILATES Beginners Mat	WED	7/8/24	19.05 - 20.00	6	£54.00	11/9/24	Amanda Smith	In Studio		
Healthy HIIT	THURS	8/8/24	08.30-09.00	6	£36.00	12/9/24	Veronica Yeates	In Studio		WAITLIST
PILATES Reformer Int	THURS	8/8/24	9.15 - 10.05	6	£102.00	12/9/24	Veronica Yeates	Reformer Studio		
PILATES Int Mat	THURS	8/8/24	9.15 - 10.10	6	£54.00	12/9/24	Amanda Smith	In Studio		WAITLIST

COURSE LEVEL	DAY	STARTING	TIME	NO	PRICE	FINAL CLASS	TEACHER	ROOM	NOTES	OUR NOTES
PILATES Gentle & Beg Mat	THURS	8/8/24	09.30-10.25	6	£54.00	12/9/24	Pip Deave	Zoom only		
YOGA - Hatha	THURS	8/8/24	10.15 - 11.10	6	£54.00	12/9/24	Veronica Yeates	In Studio		
YOGA - Vinyasa	THURS	8/8/24	17.50-18.45	6	£54.00	12/9/24	Veronica Yeates	In Studio		AMANDA TO COVER 22/8
PILATES Reformer Adv	THURS	8/8/24	18.00 - 18.50	6	£102.00	12/9/24	Pip Deave	Reformer Studio		<i>VJY TO COVER 22/8</i>
PILATES Beginner Reformer	THURS	8/8/24	19.00 - 19.50	6	£102.00	12/9/24	Pip Deave	Reformer Studio		<i>VJY TO COVER 22/8</i>
PILATES Int/Adv Mat	THURS	8/8/24	19.00-19.55	6	£54.00	12/9/24	Veronica Yeates	In Studio		<i>AMANDA TO COVER 22/8</i>
PILATES Reformer Adv	FRI	9/8/24	09.30-10.20	6	£102.00	13/9/24	Veronica Yeates	Reformer Studio		
PILATES Beginner Reform	FRI	9/8/24	10.30-11.20	6	£102.00	13/9/24	Meg Bourne	Reformer Studio		
SMFR / YIN YOGA	FRI	9/8/24	10.30 - 11.25	6	£54.00	13/9/24	Veronica Yeates	In Studio		
PILATES Beginner Reform	SUN	11/8/24	9.30 - 10.20	3	£51.00	15/9/24	Meg Bourne	Reformer Studio	NO CLASS 18th & 25th August + 8th September	